

## **CERTIFICATE**

## OF PARTICIPATION

This is to certify that

## **Ilze Crous**

Has successfully participated & completed the

5km Navworld Nite Series 2016/2017 - Race 3

held at Zwartkops Country Club.

**TIME** 00:24:29

**PACE** 04:52/km

**OVERALL** 13 of 146

**GENDER** 1 of 93

**50 - 59** 1 of 13

07 December 2016, Wed

Date

